



BENEFITS OF PLAY

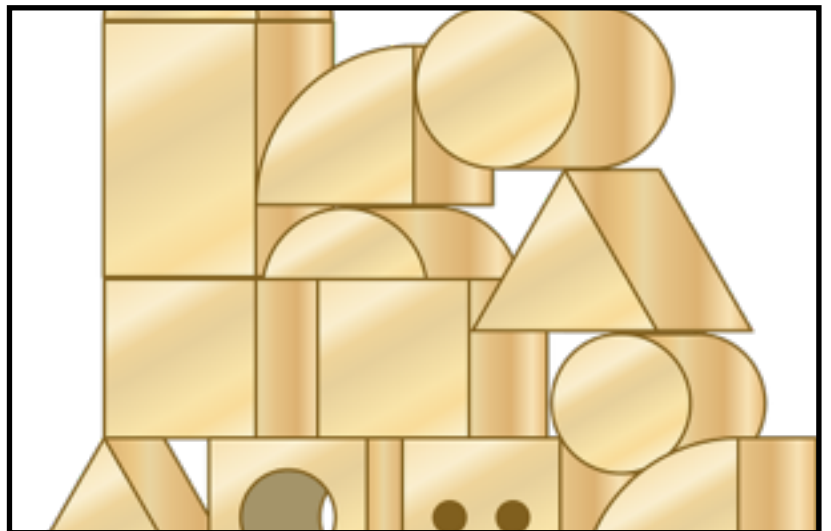


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An Info-letter For Parents And Teachers

BENEFITS OF

PLAY It is a well-known and well-researched fact that play has multiple benefits. Some may say too many for us to neglect play in the early years. Play activates resources that stimulate emotional, social, and intellectual growth in the child, which in turn affects the child's success in school. Children schooled under methods of preschool education that are not play-oriented show marked lack of success and interest in learning in later school years. Children who indulge in play are better learners in primary school.

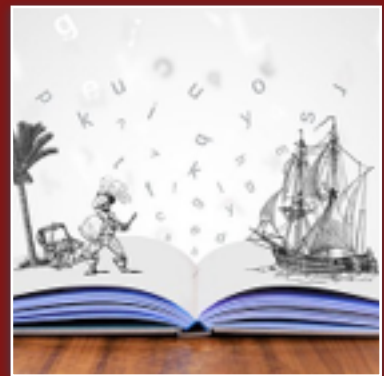


"The creation of something new is not accomplished by the intellect but by the play instinct." - Carl Jung

Specific benefits-

- ▶ Children take ownership of all their learning and new information when they play with it.
- ▶ Play supports positive tendencies like curiosity, alertness, creativity and divergent thinking.
- ▶ Play also builds competencies, skills, success and confidence in the children in a very natural manner and ensures that these traits stay for a long time.
- ▶ Play, especially pretend play, helps the child gain autonomy, express emotions, learn cooperation, sharing, accept diversity of various kinds, and helps compensate for feelings of inferiority

It is the one effortless and joyful way which can ensure positive developmental outcomes.



FOR MORE
INFORMATION
CONTACT-

INFO@SAMYUKTACDC.COM

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WWW.SAMYUKTACDC.COM